

Ozone Therapy

Benefits of Ozone

- Ozone boosts the immune system, aiding your body in combating infections.
- It enhances oxygenation, which supports cellular energy production and promotes healing.
- Ozone serves as a potent antioxidant that protects against cellular damage and may have anti-aging effects.
- It helps alleviate inflammation, potentially benefiting individuals with chronic pain and inflammatory disorders.
- Ozone improves circulation, leading to enhanced mental clarity and overall performance.



Ozone Sessions

Duration of Ozone sessions: 30min.

Temperature, steam and ozone levels are controlled depending on your needs and what is required for your specific condition.

How many sessions are recommended: Best results are achieved when one starts with 1 session per week for 4 weeks, then reduce to 1 session every 2nd week, followed by a maintenance of 1-2 sessions per month.

[Book your ozone session here](#)

Price per session: R380.00.

Purchasing 5 or 10 sessions in advance will qualify for a discount of 10-15%